

## Elk Grove Community Services District Parks and Recreation Department

## **JOB ANNOUNCEMENT**

## WATER AEROBICS INSTRUCTOR

(PART-TIME)

<u>Under direction of the pool manager:</u> the Water Aerobics Instructor will teach 4+ classes a week, ranging from basic water aerobics to deep-water, pre-natal, aqua kickboxing, and water pilates. They will have to create their own lesson plans and research new and varied workouts and teaching methods. Equipment and music is provided.

<u>Knowledge of:</u> Basic human anatomy, physiology, nutrition, health, and fitness information.

<u>Basic qualifications:</u> Must be 18 years of age. Instructor certification required (United States Water Fitness Association, Aquatic Exercise Association, etc). Fingerprinting required.

Work Site Location: Barbara Morse Wackford Community and Aquatic

Complex

9014 Bruceville Rd.

Starting Date of Employment: April 2005 Hours: 4-8 hours/week

Starting Compensation: \$12.25/hour Salary Range: \$12.25+/hour

**APPLICATION:** Available at Elk Grove Community Services District (CSD), Suite 3, Parks and Recreation Department or download from our website: <a href="www.egcsd.ca.gov">www.egcsd.ca.gov</a>.

Send completed application to:

Katie Kachurak Elk Grove CSD Parks & Recreation Department 9014 Bruceville Rd. Elk Grove, Ca 95758 (916) 405-5600

Application deadline: May 1 or until positions filled